

Preventive and Periodontal Care – Draft

Enhanced preventive advice and treatment

- Extensive preventive care advice and treatment which must include:
 - oral hygiene instruction;
 - tooth brushing and interdental cleaning demonstrations;
- It may also include, where appropriate:
 - alcohol and smoking cessation advice;
 - dietary advice;
 - application of topical fluoride;
 - Professional Mechanical Plaque Removal (PMPR) of supra-gingival calculus.
- This item cannot be claimed alongside an examination, review examination; fluoride varnish, fissure sealant or silver diamine; periodontal assessment and treatment (standard); or periodontal assessment and treatment (enhanced).
- This item cannot be claimed more than once in 6 months.

Fluoride varnish, fissure sealants or silver diamine

- This item may include:
 - the application of fluoride varnish;
 - the application of fissure sealants, as a primary preventive measure, to pits and fissures of unfilled third molar teeth within 2 years of their eruption; or
 - the application of topical fluoride preparations to all teeth, or silver diamine for individual teeth, for patients with diagnosed caries, who show evidence of a high risk of rapidly advancing dental caries due to exceptional medical or dental conditions or because of behavioural or habitual problems.
- This can only be claimed once in every 6 months.
- This item cannot be claimed alongside enhanced preventive advice and treatment.

Periodontal assessment and treatment (standard)

- Periodontal assessment must include:
 - recording of Pocket charting;
 - recording of Plaque and bleeding scores;
 - Professional Mechanical Plaque Removal (PMPR) with sub-gingival scaling in areas over 4mm
- Treatment may include:
 - Subgingival instrumentation – root surface debridement and removal of supra-gingival calculus if it impedes interdental cleaning via PMPR (professional Mechanical Plaque Removal)
 - oral hygiene instruction;

- tooth brushing and interdental cleaning demonstrations, including asking the patient to practise;
 - lifestyle modification advice, such as: diet, physical activity, smoking cessation, alcohol consumption
- A review, 3 months after treatment, must be carried out before either periodontal assessment and treatment (standard) or periodontal assessment and treatment (enhanced) can be claimed again for the same patient.

Periodontal assessment and treatment (enhanced)

- Periodontal assessment must include:
 - pocket charting
 - radiographs (if clinically necessary)
 - recording of mobility
 - charting of bleeding on probing
 - charting of furcation lesions
 - recording of plaque score
 - risk factors
 - behaviours
 - providing a treatment plan to the patient and explaining the patient's role in the treatment
- Treatment for managing non-responding sites may include:
 - Repeating subgingival instrumentation on moderate residual (4-5mm) pockets;
 - Deep residual pocketing (greater than or equal to 6mm);
 - Reinforce step oral hygiene instruction, risk factor modification and behaviour change advice;
 - Alternative causes for should be considered at this stage;
 - Referral for pocket management or regenerative surgery should also be considered at this stage.
- A review, 3 months after treatment, must be carried out before either periodontal assessment and treatment (standard) or periodontal assessment and treatment (enhanced) can be claimed again for the same patient.